

Getting Creative at MAO

In the gallery there are lots of opportunities for you to get creative.

Monica often created posters to share her ideas with others, using bold slogans. Can you find her posters in our yard? You can make your own in our Creative Space! What slogan would you use on yours?

? Can you find our Creative Space? Here you will find lots of exciting activities that you can do to explore the exhibition upstairs.

NOTE:

The Creative Space will be facilitated on Saturdays from 11am – 4pm and on Sundays from 12pm – 4pm



Meeting the Ancestors at Avebury, 1993

? Can you find the slideshow of Monica and her friends marching in a peaceful protest?



Rebirth from the Motherpot, 1987

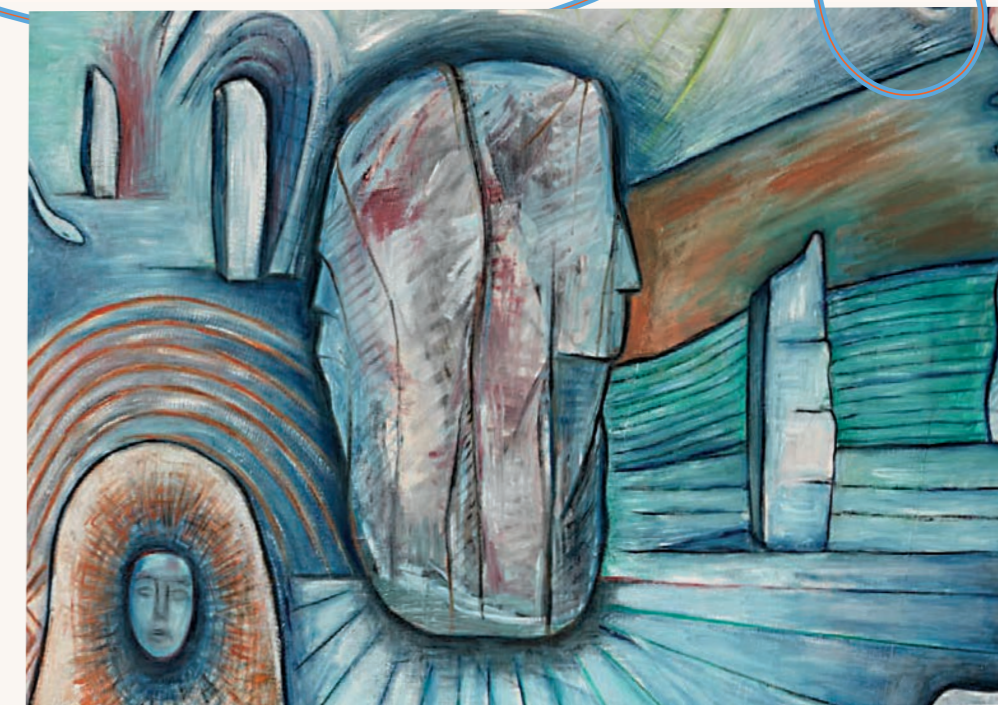
Did you know Monica never trained as an artist?

She often created things in a DIY way, including writing and publishing her own books, and creating her own posters, banners, and zines.

MODERN ART OXFORD

MONICA SJÖÖ THE GREAT COSMIC MOTHER

18 Nov 2023
– 25 Feb 2024



All images courtesy Monica Sjöö Estate and Alison Jacques, London © Monica Sjöö Estate

Activity sheet

Welcome! This guide has been created for you to read as you walk through the exhibition. There are lots of different things to notice in the gallery.

About Monica

Monica Sjö is an artist from Sweden, who lived in Bristol, UK, for most of her life. She was a painter, a writer and an activist, and used her work to fight for the things she believed in.

Did you know Monica was an ecofeminist?

Feminism is the belief that all genders are equal. Feminists encourage everybody to live with understanding and respect for each other.

Monica also really cared about the environment and believed that as well as people, we should all respect nature and treat it equally too.



About the Show

In the exhibition you will see lots of paintings which include figures and landscapes. Monica was very spiritual and she was interested in women from ancient history.



The Goddess at Avebury, 1974, 25x45cm



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She visited and painted lots of very old monuments close to where she lived, including large stones like Stonehenge. These places were very important to her because she believed that they connect the energy of the land to the people.

Monica used her art to share the things she wanted to say. Monica believed that everything is connected and so she shared her work in lots of different ways

She often used her paintings when she went to protests, or used them to illustrate the things she wrote.

Activity

Zines are homemade magazines that you can make and share yourself.

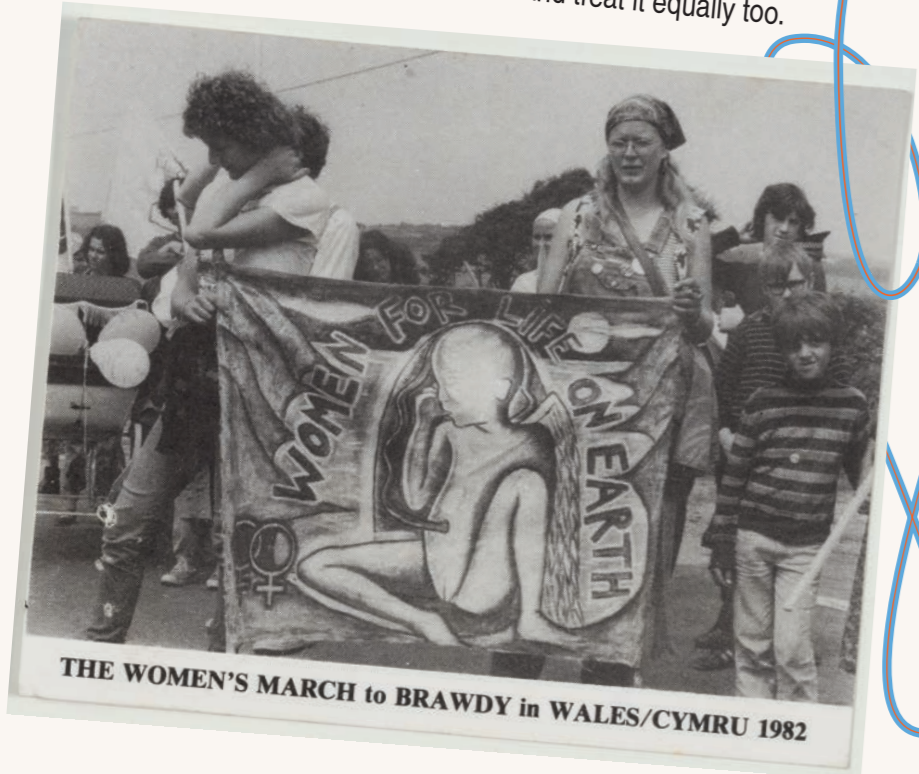
Use the bottom half of this activity sheet to create your own zine.

You can use this zine to express yourself. Is there something you love that you really want to share with others? Or maybe there is an issue that you want others to care about too?

Can you find Monica's zines and collages in the exhibition? You can find collage materials in our Creative Space which you can use to create your zine!



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THE WOMEN'S MARCH to BRAWDY in WALES/CYMRU 1982