

Getting Creative at MAO

In the gallery there are lots of opportunities for you to get creative.

You will also find an artwork by artist duo Baum & Leahy, exploring the five senses.

Pick up a pair of headphones and choose which journey you want to take through the body.

Can you find our Studio?

Here you will find lots of exciting activities so you can participate in the exhibition.

What can you see?

You might see some bobbly taste buds on the tongue, or furry forests in the nose.

Find the shapes and spirals on the wall, and breathe in and out as you move your body with them.
Can you feel your chest rise and fall with your breath? Breathing keeps us alive, but can also change the way we feel.

Use your imagination to draw or write down your ideas in the space below.

Activity

Each artist who made work for the exhibition was asked to think about how they share and learn from their own movements, and others around them.

Pick a word from each section below, and act out the movement for someone.

- | | | | | |
|----------|--------|----------|--------|--------|
| wide | wobbly | wavey | pointy | down |
| big | large | enormous | narrow | short |
| long | small | round | tiny | bendy |
| straight | broad | high | low | wiggly |
| | | | | up |

- | | | | | |
|-----------|----------|----------|----------|---------|
| backwards | forwards | sideways | star | stop |
| along | upwards | curved | zigzag | change |
| on | towards | infront | away | inwards |
| between | behind | through | outwards | over |
| under | above | around | | |



How would you act out 'wiggly walking backwards'?
Or 'enormous sideways twisting'?
Feel free to make up your own too!

- | | | | | |
|----------|----------|-----------|--------------|------------|
| stomping | jumping | galloping | sidestepping | creeping |
| swinging | hanging | twisting | sliding | slithering |
| twirling | swirling | turning | crouching | hopping |
| clapping | curling | bouncing | balancing | riding |
| folding | building | stepping | leaping | wading |
| | | | walking | crawling |

Did they guess which words you picked?

Modern Art Oxford

Movements for Staying Alive

Activity Sheet

Welcome!
This guide has been created for you to read as you move, dance, and explore your way through the exhibition. There are lots of different things to see and do in the gallery.

About the Show

Movements for Staying Alive is a show about how we connect with each other and ourselves through movement.

Many things can be communicated through moving our bodies. These movements could include your best dance moves, but they could also include your morning stretch, or how you wave when you see someone you know. We can learn a lot by moving together in a space.

In the galleries there are lots of things to touch, read, sit on, and listen to!

When you see **this symbol** you are invited to explore the artwork through touch. When you see **this symbol** you are invited to explore the artwork through sight.



Can you feel your heartbeat?

Or the movement of your eyelids when you blink? All these movements are connected - they're what keeps us alive!

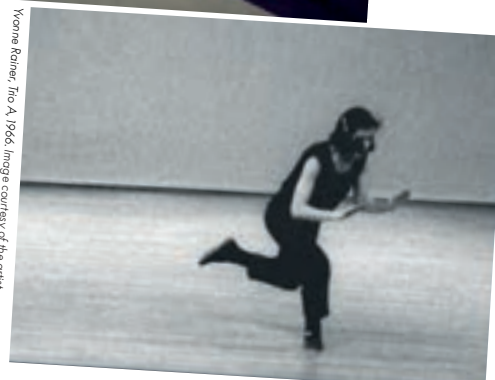


Did you know?

You probably communicate through your movements more than you know. Can you 'tell' whoever you're with to move without using your voice? How did their movement change your own?



Leap Then Look, Play, Interact Explore, 2022. Image courtesy of the artist.



Yvonne Rainer, Trio A, 1966. Image courtesy of the artist.



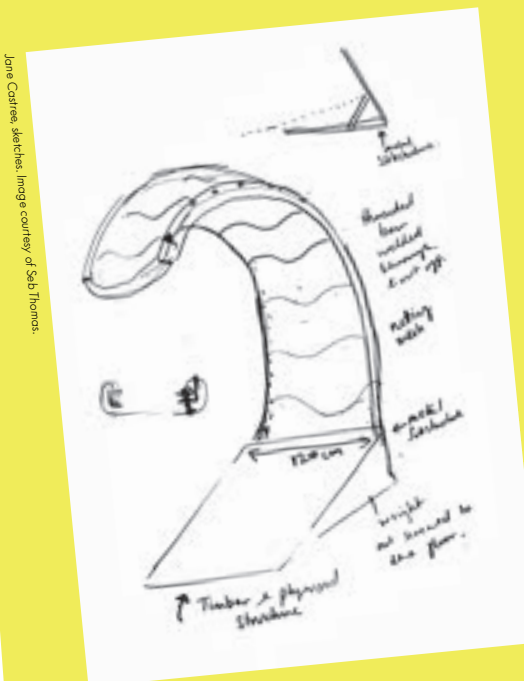
Harold Offeh, Joy Inside Our Tears, 2021. Image courtesy of the artist.

Harold Offeh Joy Inside Our Tears

Harold has worked with collaborators to explore how joyful it can be when we come together and dance. How does dancing with others make you feel?



Can you find the yellow gallery?



Jane Castree sketches. Image courtesy of Sib Thomas.

Jane Castree Creativity in Motion

Jane is a choreographer, which means she creates new dances. In this exhibition she has created sculptures that you can roll over, dance on, and look through. She is interested in thinking about what happens when we physically change our point of view.



When you move around these artworks, does it change how you see something, or how you think about it?

Movements for Staying Alive

has lots of different artists' work in it. Many of the artworks have been created specially for this exhibition. Other artworks have been borrowed from artists and galleries across the world.



Did you know?

A collaborator is someone you work together with on a project or activity.

Estampa Archival Corpus

Estampa are an artistic collective from Barcelona, in Spain. An artistic collective is a group of people that collaborate, sharing their different skills and experiences. There are 5 people who make up Estampa, including a graphic designer, filmmaker, programmer, and developer.

They have used Artificial Intelligence to explore the Modern Art Oxford archive, which is made up of lots of boxes of documents, images, and tapes of past projects and exhibitions. They are interested in how our bodies and movements create and change archives.

Leap Then Look Shaping



Leap Then Look are an artist duo, called Bill and Lucy. They work with each other to create artworks for others to play with together. This year they worked with young people in Oxford to create new designs for this work.



**Can you find their trolleys?
How do they make you move?**



Estampa Archival Corpus, 2023. Image courtesy of the artist.



Can you find their new work in our Ground Floor Gallery?